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CUDA 2021 Summer Edition Newsletter:

Sport & Recreation

This is the second in our Summer Series of newsletters.

Inclusive leisure facilities: A design guide

A design guide for inclusive leisure facilities is an excellent resource for designers, policy makers and municipal authorities. Lots of drawings and graphics provide design guidance and highlight the key points. Using the principles of universal design means that it is not a standardised design template. Privacy and comfort for all users is one of the key elements. Mixed gender ...

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Landscaping with universal design

Compliance with legal requirements in public spaces is rarely enough to guarantee access for everyone. A focus on technical aspects often results in spaces that are still challenging for many. The American Society of Landscape Architects has a Universal Design page where they list some of the disabilities and impairments regularly overlooked. For example, dementia, deafness, vision loss, and autism. The ...

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Going outside for inclusion: An education perspective

The current theory and practice of outdoor environmental education is failing to include the voices of marginalised people and communities. So writes Karen Warren and Mary Breunig. In a thoughtful paper they argue that the historical background of white privileged males in this field still underpins current thinking. The arguments and thinking in this paper could be applied in other ...

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UD at the Zoo: A case study

The principles of universal design were used in Chicago's Brookfield Zoo during upgrade and extension works. This case study covers changes to the entrance, maps and information, transportation within the park, toilets, benches, tables, and exhibit design and enhancement. In addition, trained staff are on hand to provide additional help to visitors where needed. Each improvement is matched to one ...

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Athletics clubs can be inclusive

Australians love sport and embrace all athletes including para athletes. But how do they get a start if clubs don't give them a go? The Hills Athletics Academy has found how to adjust its coaching program to suit individual athletes so that they can achieve their best. A video featuring para-athlete Summer Giddings and her coach Matt Rawlings shows how ...

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Inclusive Outdoor Recreation

What does the international research on accessible nature-based tourism say? That's what researchers in Sweden checked out. Nine major themes emerged: employee attitudes towards people with disability accessibility of tourism websites and information

systems accessible transportation, accommodation and tourist attractions technical solutions experience, motivations and constraints in tourism settings for people with disability tourism for the families and carers of ...

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Parks for Inclusion

When we talk of 'inclusion' and 'inclusive', have we thought of everyone? Older people and adults with disability are usually front of mind. But older people can have many different backgrounds and capabilities. Same goes for children and young people. The Parks and Recreation Report does an excellent job of covering just about everyone in terms of age, disability, cultural ...

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Playspaces: The adventure evolution

Playspace designers have an important role to play in society. That's because play is an essential part of human development. And as society evolves so too should playspaces. The recent move away from control and safety to adventure play offers plenty of room for creative designs. Recycled, natural or found materials rather than manufactured equipment allows for imaginative play. In ...

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UD and Parks and Plazas

Poorly designed spaces limit the number of people who can use them - they might look great, but that is not enough. Everyone should benefit from great civic space. The American Society of Landscape Architects has a great guide to Parks and Plazas. The online guide includes good case studies and easy to follow tips. Here are a few of the ...

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